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Earthly Purpose Spirit Guide Meditation and Sleep Programming for Calling in Spirit to Help You Attain Your Goals. Your spirit guide can help you fulfill your desires. This beautifully produced meditation invokes a call for spiritual assistance. A body relaxation is followed by an "aura-charging" induction. Dick begins the process by helping you call in your spirit guide. Even if you've never met your guide, this process will assure you make the connection. When it's time for your guides to help, they tune into your energy and guide you fulfill your earthly mission. However, if we have become closed to the idea of spiritual guidance, our guides may struggle to contact us. Buy Fulfill Your Earthly Purpose Meditation: With Your Spirit Guide's Help by Dick Sutphen, Author (ISBN: 9780875546384) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders. Earthly Purpose Spirit Guide Meditation and Sleep Programming for Calling in Spirit to Help You Attain Your Goals. Your spirit guide can help you fulfill your desires. This beautifully produced meditation invokes a call for spiritual assistance. A body relaxation is followed by an "aura-charging" induction. Dick begins the process by helping you call in your spirit guide. Even if you've never met your guide, this process will assure you make the connection.