

Download Not Just Sugar And Spice.

These delicious Pumpkin Spice Sugar Cookies have been waiting in the wings to share here on A Family Feast ever since last year! My husband Jack developed today's easy cookie recipe last fall...we photographed the cookies...and then for some reason (which for the life of me I can't remember) weThe "pumpkin" drink with more sugar than pumpkin is back on the menu at Starbucks. You can do better. A Starbucks grande Pumpkin Spice Latte has about 7 teaspoons of added sugar. This year marks an early return of the Pumpkin Spice Latte, the Starbucks fan-favorite seasonal drink that firstBeing on a Keto diet, this stuff is great. I've been to every big coffee chain to see if they carry any sugar free pumpkin spice syrup, and have been told they don't by all.I'm not kidding when I say I make them over and over again too, but with new flavor variations. Cake batter, stuffed with Rolos, chocolate chip, you name it, I've made it.(And I have sooooo many more flavor ideas!). Even though I'm not a huge fan of the Starbuck's PSL, I do love pumpkin spice all the things.